

We believe -

that your experience with us will provide you with educational tools to heal from divorce.

Our goal -

is for you to obtain a renewed sense of well-being as you move forward on your journey toward recovery and rebuilding your life.

We are here -

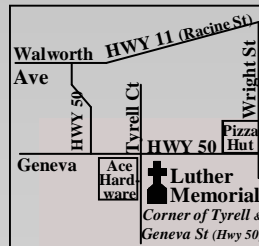
to walk along side you, and to support and encourage you as our program provides you with the right mix of information and resources for you to successfully move on to a happy, healthy and rewarding future.

Divorce Recovery Program

12 Week Program
Tuesday Evenings 7-8:30 pm
Beginning Tuesday, June 14th

LUTHER MEMORIAL CHURCH
910 E Geneva St • Delavan, WI 53115

Please Register by June 10th
Childcare is provided (at minimal fee)
Please inform with registration
CALL: (262) 728-6482 or
EMAIL: office@luther-memorial.org



910 E Geneva St, Delavan
Ph. (262) 728-6482 Fax (262) 728-5899
Email: office@luther-memorial.org
Web Site: www.luther-memorial.org



***Begin
the
Divorce
Recovery
Process***

- ◆ Grief
- ◆ Stress
- ◆ Children
- ◆ Codependence
- ◆ Guilt
- ◆ Dating
- ◆ Self-esteem
- ◆ Remarriage

Divorce Recovery is an educational and supportive 12-week program that reaches out to men and women of all races, ages, and national origins who feel a need for a divorce recovery program. It is a psychological, interpersonal, and spiritual program that is based upon Christian principles, although it is open and may be applied to people of all faiths. Classes are held weekly at a location that provides a safe, private and confidential environment.

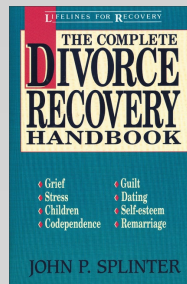
Divorce Recovery is designed to be experienced within a small group setting, typically with groups consisting of no more than 10 participants, to allow for adequate sharing time by all individuals if they choose to do so.

Will you be forced to share?

No, absolutely not. While abundant opportunity is given for you to be as open and candid as you wish, you will not be pressured to talk about anything you would rather keep to yourself. We are committed to offering a safe, secure, and confidential place where you can deal with this unsettled time in your life.

Each small group, meeting weekly, will work through some of the most difficult and emotional issues of divorce, such as:

- Understanding the "Grief Cycle"
- Confronting feels of guilt, fear, and anger
- Handling the emotional roller coaster
- Learning to forgive
- Dealing with your ex-spouse
- Responding to your children
- Dating after divorce
- Perspectives on divorce and remarriage
- Rebuilding lives after divorce
- Building healthy relationships in the future



Handbooks will be available at the first session. They may be used for the 12 week program and returned, or purchased for \$8.

Date:

12 Week Program
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Time:

Tuesdays 7:00 pm - 8:30 pm

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